

Toddler WeeMove Calendar 2025-2026

WEEMOVE	Tuesday	Wednesday	Thursday
Oct. 6-10			
Week 1 (stop & go, Colour/color recognition)	Stop and Go!	Move to the Colour/color	A Maze of Blocks or Obstacle Course
Oct. 13-17			
Week 2 (challenge week)	Stop and Go!	Move to the Colour/color	A Maze of Blocks or Obstacle Course
Oct 20-24			
Week 3 (ball play, counting)	Hit and Roll	Hula Hoop Toss	Shoot & Score! or Obstacle Course
Oct 27-31			
Week 4 (challenge week)	Hit and Roll	Hula Hoop Toss	Shoot & Score! or Obstacle Course
Nov. 3-7			
Week 5 (balance skills)	Walk Along the Lines	Balance Beam	Bean Bag Balance or Obstacle Course
Nov 10-14			
Week 6 (challenge week)	Walk Along the Lines	Balance Beam	Bean Bag Balance or Obstacle Course
Nov 17-21			
Week 7 (obstacle course)	Obstacle Course or Animal Freeze Dance	Obstacle Course or Bowling	Obstacle Course or Balance the Leader
Nov 24-28			
Week 8 (challenge week)	Obstacle Course or Animal Freeze Dance	Obstacle Course or Bowling	Obstacle Course or Balance the Leader

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WEEMOVE	Tuesday	Wednesday	Thursday
Dec. 1-5			
Week 1 (stop & go, Colour/color recognition)	Stop and Go!	Move to the Colour/Color	A Maze of Blocks or Obstacle Course
Dec 8-12			
Week 2 (challenge week)	Stop and Go!	Move to the Colour/Color	A Maze of Blocks or Obstacle Course
Dec 15-19			
Week 3 (ball play, counting)	Hit and Roll	Hula Hoop Toss	Shoot & Score! or Obstacle Course
Jan. 5-9			
Week 4 (challenge week)	Hit and Roll	Hula Hoop Toss	Shoot & Score! or Obstacle Course
Jan. 12-16			
Week 5 (balance skills)	Walk Along the Lines	Balance Beam	Bean Bag Balance or Obstacle Course
Jan 19-23			
Week 6 (challenge week)	Walk Along the Lines	Balance Beam	Bean Bag Balance or Obstacle Course
Jan 26-30			
Week 7 (obstacle course)	Obstacle Course or Animal Freeze Dance	Obstacle Course or Bowling	Obstacle Course or Balance the Leader
Feb. 2-6			
Week 8 (challenge week)	Obstacle Course or Animal Freeze Dance	Obstacle Course or Bowling	Obstacle Course or Balance the Leader

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WEEMOVE	Tuesday	Wednesday	Thursday
Feb. 9-13			
Week 1 (stop & go, Colour/color recognition)	Stop and Go!	Move to the Colour/color	A Maze of Blocks or Obstacle Course
Feb. 16-20			
Week 2 (challenge week)	Stop and Go!	Move to the Colour/color	A Maze of Blocks or Obstacle Course
Feb. 23-27			
Week 3 (ball play, counting)	Hit and Roll	Hula Hoop Toss	Shoot & Score! or Obstacle Course
Mar. 2-6			
Week 4 (challenge week)	Hit and Roll	Hula Hoop Toss	Shoot & Score! or Obstacle Course
Mar. 9-13			
Week 5 (balance skills)	Walk Along the Lines	Balance Beam	Bean Bag Balance or Obstacle Course
Mar. 16-20			
Week 6 (challenge week)	Walk Along the Lines	Balance Beam	Bean Bag Balance or Obstacle Course
Mar. 23-27			
Week 7 (obstacle course)	Obstacle Course or Animal Freeze Dance	Obstacle Course or Bowling	Obstacle Course or Balance the Leader
Mar. 30 -Apr. 3			
Week 8 (challenge week)	Obstacle Course or Animal Freeze Dance	Obstacle Course or Bowling	Obstacle Course or Balance the Leader

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WEEMOVE	Tuesday	Wednesday	Thursday
Apr. 6-10			
Week 1 (stop & go, Colour/color recognition)	Stop and Go!	Move to the Colour/color	A Maze of Blocks or Obstacle Course
Apr. 13-17			
Week 2 (challenge week)	Stop and Go!	Move to the Colour/color	A Maze of Blocks or Obstacle Course
Apr. 20-24			
Week 3 (ball play, counting)	Hit and Roll	Hula Hoop Toss	Shoot & Score! or Obstacle Course
Apr. 27-May 1			
Week 4 (challenge week)	Hit and Roll	Hula Hoop Toss	Shoot & Score! or Obstacle Course
May 4-8			
Week 5 (balance skills)	Walk Along the Lines	Balance Beam	Bean Bag Balance or Obstacle Course
May 11-15			
Week 6 (challenge week)	Walk Along the Lines	Balance Beam	Bean Bag Balance or Obstacle Course
May 18-22			
Week 7 (obstacle course)	Obstacle Course or Animal Freeze Dance	Obstacle Course or Bowling	Obstacle Course or Balance the Leader
May 25-29			
Week 8 (challenge week)	Obstacle Course or Animal Freeze Dance	Obstacle Course or Bowling	Obstacle Course or Balance the Leader

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WEEMOVE	Tuesday	Wednesday	Thursday
June 1-5			
Week 1 (stop & go, Colour/color recognition)	Stop and Go!	Move to the Colour/color	A Maze of Blocks or Obstacle Course
June 8-12			
Week 2 (challenge week)	Stop and Go!	Move to the Colour/color	A Maze of Blocks or Obstacle Course
June 15-19			
Week 3 (ball play, counting)	Hit and Roll	Hula Hoop Toss	Shoot & Score! or Obstacle Course

Summer programming begins.
Physical literacy is incorporated into the Discovery Zone program.